

KEEP ACTIVE AT HOME WITH UDOIT DANCE FOUNDATION

It's really important we keep learning and keep active at home. If you have been given this task sheet, you are in for a super fun challenge that will give you new skills, get your body moving and we guarantee you will have a lot of fun!
Please share your progress with your friends, family, teachers and also us @udoitdancefoundation

Getting Started:

- Find yourself a room in the house with enough space to move without hitting any objects/ furniture
- Put on some comfy non- restricting clothes
- Use your smart phone/ tablet to scan the QR code, you can then airplay this video to your TV if you have the function to do so

Learning Objectives:

- Be able to learn 8 counts of 8 Choreography
- Understand how to put the choreography to the music 'Justin Bieber- Yummy'



SCAN ME



'Yummy' Choreography

- 1) Participate in the Beginners Street Dance- Yummy lesson, remember to pause & rewind the video when needed (QR Code 1)
- 2) How did you find this lesson? (**EASY / ABOUT RIGHT / CHALLENGING/ TOO HARD**)
- 3) Take a picture/ video of you doing the routine, use the template and send to your teacher

CHALLENGE: Can you add on a count of 8 to this choreography or more?