

THE PARTICIP8 SERIES

INSPIRE, ENGAGE, EMPOWER- TOGETHER

UDOIT Dance Foundation aim to make street dance accessible for all, so we looked at the National Schools Championships day and thought of how we could make it more appealing for more people to attend, & maximise the day to its full potential.

We wanted to evolve what is already an amazing day & create it a celebration of all things street dance.

This includes:

- **Showcase** the impact of our other programmes (*Street dance for seniors, Anti social behavior project, IAM mental health movement, Satellite clubs etc*)
- Opportunities to **learn** (Workshops that serve more purpose than just learning new dance moves)
- Opportunity for those who like to **Compete** (national schools dance competition)
- Opportunity to **network** (partner organisations can come learn what we do and how we can work together)

The particip8 series will feature the National Schools Dance Competition

Taking away the pressure of qualifying for a final, we have now made each National Schools 'Open', so every team can have the experience of competing around the UK against other regions without the wonder of if you're going to qualify!

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The day will consist of:

- Workshops with industry professionals
- Team Competition
- **NEW** Solo Competition
- Showcase opportunities
- Cyphers (show off your moves!)
- Judges performances
- Awards

Cost:

- Team OR Solo Only: £12.50 (just a team competitor OR solo competitor)
- Team & Solo: £20 (includes entry to both team and solo categories)
- Spectators: £7.50 (can take part in workshops too)

2 teacher passes per school come free of charge

Other information:

- The entry form on the website is for initial reservation of space at the event
- Confirmation entry form will be sent out 7 weeks before the event
- All tickets once confirmed are non refundable
- Entries and payment must be in by the given date prior to the event otherwise your space will not be kept.
- If you wish to bring pupils who do not want to compete, you can do so and only charged £7.50 per person as spectators, they can also join in the workshops on the day.
- Should you have any young people attending who can't feature in any photo's/videos please let us know before the event and we will have a different colour wristband available on the day for them to wear so our photographers know not to capture them in any shots.

Approximate timings:

9:30am doors open

10am Event start

2:30pm Event close



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National Schools Dance Competition Information

The UDOIT! National Schools Dance Competition offers a fantastic opportunity for dancers from academic schools to showcase their talent through platforms they may not have had access to previously.

Dancers are encouraged to participate in workshops with a framework that promotes realistic and measurable goals, from a wide range of dance styles taught by industry professionals.

The competition is brought to you by UDOIT! Dance Foundation, a charity that works in partnership with Sport Wales, & UDO, and many other local organisations, to provide all-inclusive dance programmes to children and young people of all ages and backgrounds across the UK.

The Championships are aligned with, and representative of, UDOIT! Dance Foundation's mission and objectives. Recognising that dancers and potential dancers from both primary and secondary education do not have as many opportunities to showcase their personal best, express themselves and/or compete.

The event is held during the school day, so we would ask that Head Teachers allow pupils to participate and represent the school at this National event.

SEN Showcase opportunity:

If you have young people with additional needs who love to dance and would like to showcase a piece they have been working on, please contact your region lead so we can give them a spot on the day to showcase their talent and be able to take part in the workshops.

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TEAM COMPETITION RULES & REGULATIONS

Age Divisions:

Primary (years 3-6), Junior (years 7-9), Senior (years 10-13)

Categories:

- Ø **All Style** (For any other style of dance that doesn't fall into streetdance. For example: Jazz, Contemporary, Ballet, Musical Theatre, Cheer routines would be entered in all style.
- Ø **Street Dance** (Hip hop, house, waacking, vogue, krump, locking, popping, breaking, urban choreography, commercial)

RULES

- Each team will need to complete a team registration form, this can be found at www.udoitdance.com via the Particip8 series page
- Each team **MUST** be named. We would encourage creativity rather than the name of the school.
- **IMPORTANT:** Each team will need a dedicated member of staff to supervise on the day – the details for this person must be included on the registration form.
- Teams will be split into three age categories:
PRIMARY: Years 3, 4, 5 and 6 **JUNIORS:** Years 7–9 **SENIORS:** Years 10–13 / College students
- Each school can enter as many teams as they wish, **however 1 dancer can only compete in 1 x all style team and 1 x street team.**
- A team can consist of **minimum 4 dancers, and a maximum of 30 dancers.**
- All dancers must be from the same academic school.
- This is a competition for Academic Schools or Colleges only, not for dance schools.
- A group must compete in the age category of the majority of the dancers, i.e. if there are 6 dancers in a group and 4 of them are Year 11, one Year 8 and one Year 7, then they must dance in the Senior category: Years 10–13.
- The length of the routine can be no longer than 2 minutes 30 seconds. *If the music goes on longer than this the team will be penalised.*
- Music can be a mix of more than one track.

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- Inappropriate language is not permitted- *any teams who go against this rule will be penalised.*
- Music will need to be uploaded via the link that will be sent out to you after registration closes, this must be in **before** the event - *(Please bring a back up copy of your music on a memory stick/ iPad/ phone/ cd)*
- Acrobatic moves may be used if you wish but, if deemed to be unsafe, groups will be penalised.
- A dancer cannot compete in more than one group of the same category, *i.e. a dancer cannot dance in two street dance teams.*
- Props may be used, but must be safe and dancers must be in control when using them.
- Chalk/ Glitter/ Water or any other prop that can cause damage or inconvenience to the dance floor is not allowed, *any teams including anything like this within your dance you will be penalised.*
- Costumes are optional – please note that you will be judged purely on your dance, choreography, and performance.
- Age appropriate clothing is essential.
- Age appropriate movement is essential.

NEW FOR 2026 SOLO COMPETITION

Styles:

- Street Dance
- Lyrical

Ages:

9 & under (ages 7/8/9)
12 & under (ages 10/11/12)
15 & under (13/14/15)
18 & under (16/17/18)

All will be 'Open' categories (mixed abilities)

How it works:

Dancers will compete in heats where they are spread out on the floor and dance for up to 1 minute of a song randomly selected by the DJ. The DJ will choose music that is appropriate for the age category and style of the division.



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Dancers will each have individual numbers displayed on their clothing, the judges will walk around the floor during the heat and note down the numbers they wish to take through to the next round.

Flips/ Tricks are not permitted in the preliminary rounds and must be kept to the finals only, individuals should only do appropriate tricks if they are fully trained in the movement and perform it safely.

Dancers can compete in both Street Dance & Lyrical solos but must complete 2 entry forms.

If you have any further questions, please do not hesitate to contact your region lead:

Wales- Caitlin@udoitdance.co.uk

Milton Keynes- Caroline@udoitdance.co.uk